

Training Memo: HeartCode® Basic Life Support (BLS) 2016



CPR & Emergency Cardiovascular Care

Date of Release	May 31, 2016
Purpose	To provide BLS Instructors with direction and information on the new HeartCode® Basic Life Support (BLS) Course.
General Information	<p>The AHA has developed a new HeartCode BLS Course updated to meet the recommendations in the <i>2015 AHA Guidelines Update for CPR and ECC</i>.</p> <p>HeartCode BLS is the online portion of BLS blended learning that will adequately prepare students for hands-on practice and testing of BLS skills. It uses a variety of eLearning assets such as dramatizations, eSimulations, animations, self-directed learning, and interactive activities to teach students BLS knowledge and skills. After completing the online portion, students will attend a structured, Instructor-led, hands-on session that focuses on meaningful skills practice, debriefing, team scenarios, discussions of local protocols and skills testing. Where available, students may also complete the hands-on session with a voice-assisted manikin (VAM).</p> <p>The new HeartCode BLS Course replaces the 2010 Guidelines version BLS for Prehospital Providers Online, HeartCode BLS Part 1, and BLS for Healthcare Providers Online Part 1 courses.</p>
Course Information for Training Centers and Instructors	<ul style="list-style-type: none"> • The Instructor-led hands-on session for the HeartCode BLS Course can be taught by current BLS Instructors. Instructors must complete the 2015 Guidelines Science Instructor Update Course available on the Instructor Network or have attended an AHA-conducted 2015 Guidelines Science Instructor Update before teaching new courses using new materials. • Training Centers and Instructors may continue to use previous stock of course keys through August 2, 2016. • Appropriate course completion cards must be issued for the course materials being used. • All BLS Instructors must have a current copy of the <i>BLS Instructor Manual</i>, per the Program Administration Manual. • Instructors are strongly encouraged to complete the BLS Product & Course Orientation available on the Instructor Network (P&CO). The BLS P&CO was created to aid Instructors in understanding the new course design and teaching strategies. • It is also highly recommended that BLS Instructors become familiar with the HeartCode BLS online portion of the course prior to conducting hands-on sessions with students. • There are 3 sample agendas available to Instructors for leading the hands-on session of the HeartCode BLS Course. Instructors will need to review the agendas prior to teaching. <ul style="list-style-type: none"> ○ The first agenda is titled “Sample HeartCode BLS Agenda With Optional Lessons” and can be found in the new <i>BLS Instructor Manual</i>.

Training Memo: HeartCode® Basic Life Support (BLS) 2016



CPR & Emergency Cardiovascular Care

	<ul style="list-style-type: none">○ The second agenda is titled “Sample HeartCode BLS Agenda Without Optional Lessons.” This is the same as the first agenda with the removal of all optional lessons. It is available on the AHA Instructor Network.○ The third agenda is titled “Accelerated HeartCode BLS Competency Agenda.” This agenda requires the use of an “instrumented directive feedback device” during student practice and testing. The Accelerated HeartCode BLS Competency Agenda and Lesson Plans are available on the AHA Instructor Network, and include the definition of an “instrumented directive feedback device” and other criteria that Instructors and providers need to meet the course requirements.● The hands-on session of the HeartCode BLS Course can be conducted after successful completion of the online portion. AHA no longer requires providers to complete the hands-on session within 60 days.
--	---