Training Memo: Heartsaver®
First Aid CPR AED Blended-Learning Courses

CPR & Emergency Cardiovascular Care

Date of Release | September 28, 2016
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Revised: | January 30, 2017

Purpose | To provide direction and information on the 2015 Guidelines Heartsaver First Aid CPR AED blended-learning courses

General Information | The American Heart Association (AHA) has developed new eLearning components for the Heartsaver First Aid CPR AED portfolio to meet the recommendations in the *2015 AHA Guidelines Update for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care*. New eLearning courses include

- Heartsaver First Aid CPR AED Online
- Heartsaver CPR AED Online
- Heartsaver First Aid Online

Heartsaver First Aid CPR AED eLearning courses are the online portion of blended-learning course delivery and are designed to adequately prepare students for hands-on practice and testing of first aid, CPR, and AED skills. These courses use a variety of eLearning assets such as dramatizations, animations, self-directed learning, and interactive activities to teach students first aid, CPR, and AED knowledge and skills. After completing the online portion, students will attend a structured, instructor-led hands-on session that focuses on meaningful skills practice and skills testing.

The new Heartsaver First Aid CPR AED eLearning courses will replace the following 2010 Guidelines Heartsaver courses:

- Heartsaver First Aid CPR AED Online Part 1
- Heartsaver CPR AED Online Part 1
- Heartsaver First Aid Online Part 1

Course Information for Training Centers and Instructors | • Effective November 29, 2016, only new course materials can be used for conducting all Heartsaver First Aid CPR AED Courses.
• The hands-on session for Heartsaver First Aid CPR AED blended-learning courses can be taught by current BLS or Heartsaver Instructors. Instructors must complete the 2015 Guidelines Science Instructor Update Course, available on the Instructor Network, or have attended an AHA-conducted 2015 Guidelines Science Instructor Update before teaching new courses and using new course materials.
• Training Centers and instructors may continue to use 2010 Guidelines materials and all interim materials posted on the Instructor Network through November 28, 2016.
• Appropriate course completion cards must be issued for the course materials being used. If 2010 Guidelines Heartsaver materials are used, old cards must be issued. If the 2015 Guidelines Heartsaver materials are used, new cards must be issued.
• All Heartsaver Instructors and BLS Instructors who teach Heartsaver courses must have a current copy of the Heartsaver First Aid CPR AED Instructor Manual, per the Program Administration Manual.

• Instructors are strongly encouraged to complete the Heartsaver Product and Course Orientation available on the AHA Instructor Network before teaching new courses. The Heartsaver Product and Course Orientation was created to aid instructors in understanding new course design and teaching strategies.

• The hands-on session of the Heartsaver First Aid CPR AED blended-learning course can be conducted after successful completion of the online portion. The AHA no longer requires students to complete the hands-on session within 60 days.