**Training Bulletin: Basic Life Support (BLS) Instructor Essentials Blended Learning Course Requirements**

**CPR & Emergency Cardiovascular Care**

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<th>Date of Release</th>
<th>March 15, 2017</th>
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**Purpose**

To provide updated direction for program management of the BLS Instructor Essentials Blended Learning Course.

**General Information**

The AHA has developed new BLS Instructor Essentials Course materials to aid in providing quality and consistency in all AHA BLS Instructor training.

The BLS Instructor Essentials Course is taught in a blended learning format. AHA BLS instructor candidates must complete the online portion, followed by the hands-on session conducted by BLS Training Center Faculty. BLS instructor candidates must then be successfully monitored by BLS TC Faculty within six months to receive their AHA BLS Instructor card.

Effective May 16, 2017, only the new materials can be used for conducting BLS Instructor Essentials Courses.

**Requirements for AHA Faculty and Current Instructors**

**AHA Faculty**

- To maintain consistency in BLS Instructor training, all BLS Faculty (Regional and Training Center) who teach BLS Instructor Essentials Courses are required to complete the online portion of BLS Instructor Essentials, including both the core and discipline-specific modules.

- Regional and Training Center Faculty who teach BLS Instructor Essentials Courses must complete the online portion of BLS Instructor Essentials before teaching their next scheduled BLS Instructor Essentials Course or performing any activity as AHA Faculty status.

**Current AHA Instructors**

- The AHA does not require current AHA BLS Instructors to complete any components of the new BLS Instructor Essentials Course to maintain their Instructor status.

- However, Instructors who add the BLS discipline will be required to complete the BLS Instructor Essentials online portion, and to print the completion certificate.

- Training Center Coordinators can require current Instructors to complete any component of the new BLS Instructor Essentials Course to ensure consistency within the Training Center.

**Requirements for Instructor Candidates**

For successful completion, BLS instructor candidates must

1. Be accepted by an AHA Training Center before enrolling in a BLS Instructor Essentials Course and have a completed Instructor Candidate Application on file with the accepting Training Center.

2. Have current BLS Provider status and be proficient in all the skills of that discipline. NOTE: While AHA BLS Instructors also teach AHA Heartsaver courses, instructor candidates are not required to have a Heartsaver course completion card in addition to a BLS Provider card.
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<td>3.</td>
<td>Successfully complete the BLS Instructor Essentials Course (both the online and classroom portions). Students must also print the certificate of completion from the online portion for entry into the classroom portion.</td>
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<td>4.</td>
<td>Successfully be monitored teaching their first course within six months of completing the discipline-specific classroom Instructor Course (Training Center Coordinators can require additional monitoring if needed.)</td>
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